

All Day Superfood Snacks

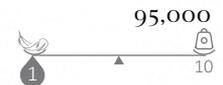
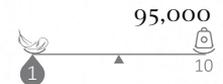
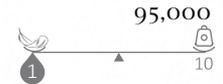
Late March

CREATIVE ENERGY BOOSTS

Mixed "Cheesy" nuts, nutritional yeast & popped corn

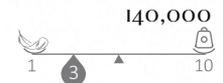
Peanut, matcha & cocoa nib protein bites

Cocoa chia, energy bites



ROOT VEGETABLE CRISPS

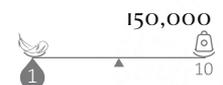
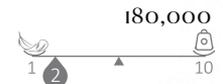
Lotus root, sweet potato & beetroot crisps with salsa & Spirulina guacamole



NORI ROLLS

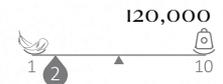
Nori rolls, smoked salmon, avocado with tahini ginger citrus dipping sauce

Nori rolls, avocado, vegetables with tahini ginger citrus dipping sauce 



MINI WHOLE-WHEAT BANH MI

Wholewheat baguette with mushroom pate, char sui mushrooms & pickled vegetables



Yugen

Bin



Plant-Based



Gluten Free



Vegetarian



Contains Nuts

All prices are in Vietnamese Dong, subject to government tax & service charge

Vitamin & Nutrient Juice Blends

Replenish, energize & protect your body with our carefully crafted juice blends rich in natural nutrients to support your overall wellness



ANTIOXIDANT BLENDS

Bursting with vitamins, minerals & antioxidants to combat free radicals, reduce inflammation, support healthy skin & cellular repair

- | | |
|---|---------|
| BETROOT, GINGER, GREEN APPLE, FRESH TURMERIC & CARROT
Helps improve circulation, reduce oxidative stress & boost natural detoxification | 130,000 |
| CUCUMBER, KALE, GREEN APPLE, CELERY, LIME, GINGER & SPIRULINA POWDER
Packed with chlorophyll & plant-based nutrients for alkalizing & energizing effects | 130,000 |

IMMUNITY BLENDS

Fortified with immune-boosting ingredients to strengthen your defenses against common illnesses like colds & flu

- | | |
|--|---------|
| ORANGE, CARROT, PASSION FRUIT, LEMON & GINGER
High in vitamin C & beta-carotene to enhance immunity & reduce inflammation | 130,000 |
| BLUEBERRY, APPLE, LEMON, HONEY & ACAI POWDER
Loaded with antioxidants & nutrients to support gut health & combat fatigue | 130,000 |

ENERGY BLENDS

Designed to provide a natural energy boost & sustain you during workouts or busy days

- | | |
|--|---------|
| BANANA, MANGO, PINEAPPLE & CHIA SEEDS
Rich in healthy carbs and omega-3s to fuel your body & keep you energized | 130,000 |
| AVOCADO, BLUEBERRY, COCONUT WATER, DATES & LEMON
Combines healthy fats & antioxidants for sustained energy & mental focus | 130,000 |

HYDRATION BLENDS

Replenish electrolytes & maintain optimal hydration levels after workouts or exposure to heat

- | | |
|---|---------|
| COCONUT WATER, CUCUMBER, LIME & CELERY
Naturally hydrating with essential minerals to restore balance & fight dehydration | 130,000 |
| COCONUT WATER, WATERMELON, POMELO & SEA SALT
A refreshing combination of electrolytes & natural sugars to rehydrate & energize | 130,000 |

Chia

Lime

Spirulina is a nutrient-dense blue-green algae rich in protein, vitamins, minerals & antioxidants, known for boosting energy, supporting immune health & promoting overall well-being.

Açaí powder is a nutrient-rich superfood made from freeze-dried açaí berries, packed with antioxidants, healthy fats, fiber & essential nutrients, often used to support energy, skin health & overall wellness.

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Refreshing Gut Health Elixirs

Enhance your digestion & invigorate your palate with our curated selection of gut-loving refreshments
These offerings help soothe, balance & support your digestive system, providing a refreshing boost for overall well-being

APPLE CIDER VINEGAR LEMONADE	120,000
A tangy blend of apple cider vinegar, fresh lemon juice & honey to support healthy digestion	
PEPPERMINT SODA	120,000
A refreshing mix of peppermint tea, pea flower, soda water & mint leaves perfect for calming your stomach	
GINGER ALE	120,000
A zesty combination of fresh ginger, lemon, mint leaves, soda water & stevia great for soothing digestion	
MATCHA SODA	120,000
A bubbly twist on matcha green tea, spirulina, lightly sweetened with stevia & paired with soda water for a gut-friendly treat	

Ket Yoh

Protein-Packed Smoothies

All our protein shakes are made with plant-based & gluten free protein powder made from green peas, chickpeas, lentils, sweet potato, seeds & green beans. 20 grams protein per smoothie

BANANA, PEANUT BUTTER, HIMALAYA SALT & ALMOND MILK	180,000
MANGO, CASHEW BUTTER, TURMERIC & ALMOND MILK	180,000
DARK CHOCOLATE, COCONUT & CHIA SEED	180,000
STRAWBERRY, BLUEBERRY, COCONUT & DATES	180,000

Pac
Kon

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Collagen Peptides Boosters



Support your health with our collagen-enhanced beverages, each crafted with 15 grams of **VITAL PROTEINS COLLAGEN PEPTIDES** to nourish your skin, hair & bones while promoting joint and gut health

COLLAGEN ALMOND CAFÉ LATTE Coffee, almond milk & collagen peptides, served hot or iced	190,000
COLLAGEN CHAI LATTE Coconut milk, dates, cinnamon, ginger, cardamom, nutmeg, cloves & collagen peptides	190,000
TURMERIC COLLAGEN JUICE Orange, carrot, lemon, fresh turmeric, a pinch of pepper & collagen peptides	190,000
COLLAGEN COLADA Coconut water, coconut milk, pineapple juice & collagen peptides	190,000
Boost any beverage! Add 15 grams of collagen peptides to your coffee, juice, or smoothie for a healthful twist	130,000

Vital Proteins Collagen Peptides is a high-quality, easily dissolvable supplement made from grass-fed, pasture-raised bovine collagen.

Mind Calming Drinks

Soothe your nerves, ease anxiety & promote a sense of calm with our anti-anxiety beverages
Perfect for any time of the day to relax your mind & especially ideal in the evening to support restful sleep

LAVENDER REISHI LATTE A calming blend of lavender leaves, reishi mushroom powder, almond milk & honey to reduce stress & enhance emotional balance	130,000
REISHI CHOCOLATE MILK A comforting mix of cacao powder, reishi mushroom powder, almond milk & honey to calm the mind, uplift your mood & promote tranquility	130,000
BEETROOT MOON MILK A soothing infusion of beetroot powder, ashwagandha root, almond milk & honey to ease anxiety & support inner peace	130,000
CHAMOMILE MOON MILK A gentle combination of chamomile tea, ashwagandha root, almond milk & honey to relax the nerves & encourage restful sleep	130,000

Reishi mushrooms are scientifically recognized for their ability to reduce anxiety, improve mood & support mental clarity by regulating stress hormones & promoting relaxation.

Ashwagandha is scientifically proven to reduce stress & anxiety, enhance mood & improve cognitive function by balancing cortisol levels & supporting the body's ability to adapt to stress.

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Sic
Song

TIA Mocktails - All the Flavor, None of the Alcohol

Feeling like a cocktail but without the spirits?

Our handcrafted mocktails offer the perfect balance of refreshing flavors and creative flair - ideal for any time of the day

DESIGNATED APPLETONI

Green apple, lime, sugar

ZERO PROOF MARGARITA

Lemon, lime, salt, sugar & coconut water

CINDERELLA

Orange juice, pineapple juice, lime, grenadine & soda

CITRUS FIZZ

Egg white, maple syrup, lime, orange & soda

Ling
Man

140,000

140,000

140,000

140,000

Single Juices

ORANGE | PINEAPPLE | MANGO | WATERMELON

PASSION FRUIT | COCONUT | LIME

110,000

Loose Leaves Teas By Ronnefeldt

ENGLISH BREAKFAST | DARJEELING | EARL GREY | FANCY SENCHA GREEN TEA

JASMINE GOLD GREEN TEA | VANILLA ROOIBOS | MINT | FRUITY CAMOMILE

100,000

Classic Coffees

Almond, oat or dairy milk

AMERICANO | ESPRESSO | CAFÉ LATTE | CAPPUCCINO

MACCHIATO | MOCHA | DECAF

95,000

Chien
Ngien

110,000

TIA Summer Coffee

Special seasonal coconut-infused brews made to cool you down and lift you up

COCO AMERICANO

Espresso, ice & fresh coconut water

COCO CAFÉ LATTE

Espresso, ice, fresh coconut water & almond milk

110,000

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Vietnamese Signature Coffees

Experience the rich & authentic flavors of Vietnamese coffee

CÀ PHÊ ĐEN ĐÁ

Smooth & robust black Vietnamese coffee.
Strong coffee with ice cubes in short glass

Bing Sang

95,000

CÀ PHÊ SỮA ĐÁ

Iced coffee with sweetened condensed milk.
Strong coffee with ice cubes & condensed milk in short glass

95,000

CÀ PHÊ PHIN

Traditional Vietnamese drip coffee brewed slowly in a phin filter.
Ice cubes & condensed milk served on the side for your own customized

95,000

CÀ PHÊ SAIGON

Aromatic Vietnamese-style coffee.
Medium strong with crushed ice in long glass, add condensed milk as optional

95,000

BẠC XỈU

A lighter, sweeter coffee with fresh milk & condensed milk for a milder flavor

95,000

HIMALAYA SALTED ICED COFFEE

A creamy & slightly salty coffee delight

110,000

COCONUT ICED COFFEE

Refreshing iced coffee blended with fresh coconut & condensed coconut milk

110,000

CÀ PHÊ BƠ

A rich, creamy avocado coffee for a unique, indulgent twist

100,000

Mineral Water

ALBA STILL 0.45L

95,000

EVIAN 0.75L

220,000

Sparkling Water

ALBA SPARKLING 0.45L

95,000

SAN PELLEGRINO 0.25L

110,000

SAN PELLEGRINO 0.75L

220,000

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Soft Drinks

COKE | DIET COKE | SPRITE | SODA | TONIC | GINGER ALE

100,000

Beers

LOCAL LARUE BEER

95,000

TIGER

100,000

HEINEKEN

110,000

Organic & Biodynamic Wines By Glass

150ml

Champagne By Glass

CHAMPAGNE J.M. LABRUYERE, PROLOGUE, GRAND CRU BRUT RESERVE
Chardonnay - Pinot Noir, France



520,000

White Wines By Glass

HENRI BOURGEOIS, PETIT BOURGEOIS
Sauvignon Blanc, Loire Valley, France



320,000

BODEGA ARGENTO, ESTATE BOTTLED
Chardonnay, Mendoza, Argentina



310,000

Rosé Wines By Glass

LES VALENTINES, LE CAPRICE DE CLÉMENTINE
Cinsault - Grenache, Côtes de Provence, France



310,000

Red Wines By Glass

JEAN LUC COLOMBO, LES ABEILLES DE COLOMBO
Syrah - Grenache - Mourvedre, Cotes du Rhone, France



320,000

ALVARO PALACIOS, LA VENDIMIA
Garnacha - Tempranillo, Rioja, Spain



320,000



Organic Wine



Biodynamic Wine

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Handwritten signature or logo in black ink, possibly reading 'An Giang'.

TIA Cocktails

BLOODY MARY	280,000
Vodka, fresh tomato juice, lime, celery, seasoning sauce	
CLASSIC MOJITO	280,000
Rum, lime, mint leaves, brown sugar, soda water	
CAIPIRINHA	280,000
Cachaca rum, lime wedges, brown sugar	
LONG ISLAND ICE TEA	280,000
Tequila, rum, gin, vodka, cointreau, lime, coke	
CLASSIC MARGARITA	280,000
Tequila, cointreau & lime juice	
DAIQUIRI	280,000
Rum, Citrus Liqueur, fresh lime and sugar	
PINA COLADA	280,000
Rum, Malibu, coconut cream, pineapple juice	

TIA

TIA

Drink Pric

MAI TAI	280,000
Light Rum, dark rum, cointreau, amaretto, orange, lime & pineapple	
DRY MARTINI	280,000
Gin, Vermouth, green olive	
SINGAPORE SLING	280,000
Gin, cherry brandy, DOM, cointreau, lime, pineapple, angostura bitter, grenadine	
TEQUILA SUNRISE	280,000
Tequila, orange juice, grenadine	
NEGRONI	280,000
Gin, sweet vermouth, campari, yellow orange	
MANHATTAN	280,000
Whiskey, sweet vermouth, angostura bitter	
WHISKEY SOUR	280,000
Jim Beam, lime & sugar syrup	
APEROL SPRITZ	320,000
Prosecco, aperol, soda	

For spirits, whiskeys & more, please ask our team for the detailed menu.

Trang
hoa

