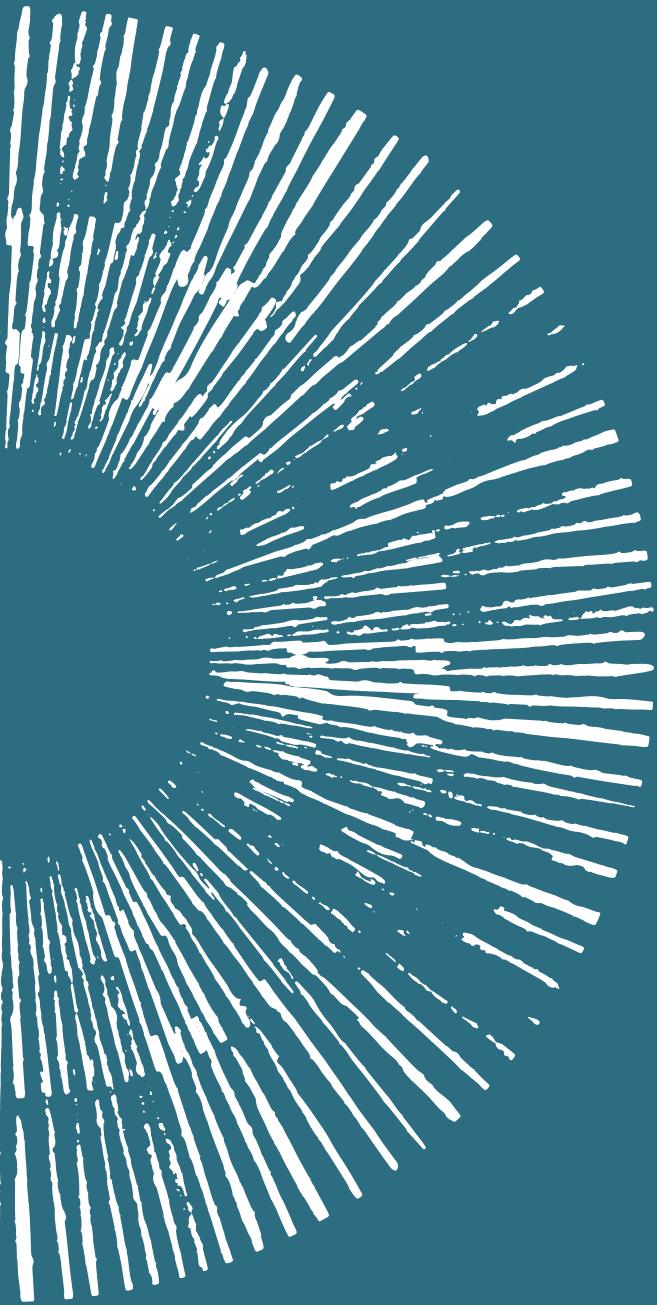


THE OCEAN
BISTRO



Beverage
Menu

Vitamin & Nutrient Juice Blends

Replenish, energize & protect your body with our carefully crafted juice blends rich in natural nutrients to support your overall wellness

ANTIOXIDANT BLENDS

Bursting with vitamins, minerals & antioxidants to combat free radicals, reduce inflammation, support healthy skin & cellular repair

BEETROOT, GINGER, GREEN APPLE, FRESH TURMERIC & CARROT Helps improve circulation, reduce oxidative stress & boost natural detoxification	120,000
CUCUMBER, KALE, GREEN APPLE, CELERY, LIME, GINGER & SPIRULINA POWDER Packed with chlorophyll & plant-based nutrients for alkalizing & energizing effects	120,000

IMMUNITY BLENDS

Fortified with immune-boosting ingredients to strengthen your defenses against common illnesses like colds & flu

ORANGE, CARROT, PASSION FRUIT, LEMON & GINGER High in vitamin C & beta-carotene to enhance immunity & reduce inflammation	120,000
BLUEBERRY, APPLE, LEMON, HONEY & ACAI POWDER Loaded with antioxidants & nutrients to support gut health & combat fatigue	120,000

ENERGY BLENDS

Designed to provide a natural energy boost & sustain you during workouts or busy days

BANANA, MANGO, PINEAPPLE & CHIA SEEDS Rich in healthy carbs and omega-3s to fuel your body & keep you energized	120,000
AVOCADO, BLUEBERRY, COCONUT WATER, DATES & LEMON Combines healthy fats & antioxidants for sustained energy & mental focus	120,000

HYDRATION BLENDS

Replenish electrolytes & maintain optimal hydration levels after workouts or exposure to heat

COCONUT WATER, CUCUMBER, LIME & CELERY Naturally hydrating with essential minerals to restore balance & fight dehydration	120,000
COCONUT WATER, WATERMELON, POMELO & SEA SALT A refreshing combination of electrolytes & natural sugars to rehydrate & energize	120,000

Spirulina is a nutrient-dense blue-green algae rich in protein, vitamins, minerals & antioxidants, known for boosting energy, supporting immune health & promoting overall well-being.

Açaí powder is a nutrient-rich superfood made from freeze-dried açaí berries, packed with antioxidants, healthy fats, fiber & essential nutrients, often used to support energy, skin health & overall wellness.

Refreshing Gut Health Elixirs

Enhance your digestion & invigorate your palate with our curated selection of gut-loving refreshments

These offerings help soothe, balance & support your digestive system, providing a refreshing boost for overall well-being

APPLE CIDER VINEGAR LEMONADE	105,000
A tangy blend of apple cider vinegar, fresh lemon juice & honey to support healthy digestion	
PEPPERMINT SODA	105,000
A refreshing mix of peppermint tea, pea flower, soda water & mint leaves perfect for calming your stomach	
GINGER ALE	105,000
A zesty combination of fresh ginger, lemon, mint leaves, soda water & stevia great for soothing digestion	
MATCHA SODA	105,000
A bubbly twist on matcha green tea, spirulina, lightly sweetened with stevia & paired with soda water for a gut-friendly treat	

Protein-Packed Smoothies

All our protein shakes are made with plant-based & gluten free protein powder made from green peas, chickpeas, lentils, sweet potato, seeds & green beans. 20 grams protein per smoothie

BANANA, PEANUT BUTTER, HIMALAYA SALT & ALMOND MILK	160,000
MANGO, CASHEW BUTTER, TURMERIC & ALMOND MILK	160,000
DARK CHOCOLATE, COCONUT & CHIA SEED	160,000
STRAWBERRY, BLUEBERRY, COCONUT & DATES	160,000

Collagen Peptides Boosters



Support your health with our collagen-enhanced beverages, each crafted with 15 grams of **VITAL PROTEINS COLLAGEN PEPTIDES** to nourish your skin, hair & bones while promoting joint and gut health

COLLAGEN ALMOND CAFÉ LATTE	180,000
Coffee, almond milk & collagen peptides, served hot or iced	
COLLAGEN CHAI LATTE	180,000
Coconut milk, dates, cinnamon, ginger, cardamom, nutmeg, cloves & collagen peptides	
TURMERIC COLLAGEN JUICE	180,000
Orange, carrot, lemon, fresh turmeric, a pinch of pepper & collagen peptides	
COLLAGEN COLADA	180,000
Coconut water, coconut milk, pineapple juice & collagen peptides	
Boost any beverage!	120,000
Add 15 grams of collagen peptides to your coffee, juice, or smoothie for a healthful twist	

Vital Proteins Collagen Peptides is a high-quality, easily dissolvable supplement made from grass-fed, pasture-raised bovine collagen.

All prices are in Vietnamese Dong, subject to government tax & service charge

Mind Calming Drinks

Soothe your nerves, ease anxiety & promote a sense of calm with our anti-anxiety beverages
Perfect for any time of the day to relax your mind & especially ideal in the evening to support restful sleep

LAVENDER REISHI LATTE	120,000
A calming blend of lavender leaves, reishi mushroom powder, almond milk & honey to reduce stress & enhance emotional balance	
REISHI CHOCOLATE MILK	120,000
A comforting mix of cacao powder, reishi mushroom powder, almond milk & honey to calm the mind, uplift your mood & promote tranquility	
BEETROOT MOON MILK	120,000
A soothing infusion of beetroot powder, ashwagandha root, almond milk & honey to ease anxiety & support inner peace	
CHAMOMILE MOON MILK	120,000
A gentle combination of chamomile tea, ashwagandha root, almond milk & honey to relax the nerves & encourage restful sleep	

Reishi mushrooms are scientifically recognized for their ability to reduce anxiety, improve mood & support mental clarity by regulating stress hormones & promoting relaxation.

Ashwagandha is scientifically proven to reduce stress & anxiety, enhance mood & improve cognitive function by balancing cortisol levels & supporting the body's ability to adapt to stress.

TIA Mocktails - All the Flavor, None of the Alcohol

Feeling like a cocktail but without the spirits?
Our handcrafted mocktails offer the perfect balance of refreshing flavors and creative flair - ideal for any time of the day

DESIGNATED APPLETINI	110,000
Green apple, lime, sugar	
ZERO PROOF MARGARITA	110,000
Lemon, lime, salt, sugar & coconut water	
CINDERELLA	110,000
Orange juice, pineapple juice, lime, grenadine & soda	
CITRUS FIZZ	110,000
Egg white, maple syrup, lime, orange & soda	

Single Juices

ORANGE PINEAPPLE MANGO WATERMELON	100,000
PASSION FRUIT COCONUT LIME	

Loose Leaves Teas By Ronnefeldt

ENGLISH BREAKFAST DARJEELING EARL GREY FANCY SENCHA GREEN TEA	95,000
JASMINE GOLD GREEN TEA VANILLA ROOIBOS MINT FRUITY CAMOMILE	