# All Day Superfood Snacks

Những món ăn nhe từ siêu thực phẩm



CREATIVE ENERGY BOOSTS 🏵 🏵





Mixed "Cheesy" nuts, nutritional yeast & popped corn Hat tẩm hương vi rang giòn & bỏng ngô

Peanut, matcha & cocoa nib protein bites Viên protein đậu phộng, trà xanh & hạt cacao rang

Cocoa chia, energy bites Viên năng lương từ cacao & hat chia 90,000 90,000 90,000

ROOT VEGETABLE CRISPS





Lotus root, sweet potato & beetroot crisps with salsa & Spirulina guacamole Củ sen, khoại lana & củ dền đỏ với sốt salsa & sốt quả bơ, rong biển kiểu Mexico



NORLROLLS



Nori rolls, smoked salmon, avocado with tahini ginger citrus dipping sauce Rong biển Nori cuôn cá hồi xông khói, bơ tươi với sốt mè tahini vi cam gừng

Nori rolls, avocado, vegetables with tahini ginger citrus dipping sauce Rona biển nori cuôn bơ tươi, rau củ với sốt mè tahini vi cam aừna



MINI WHOLE-WHEAT BANH MI

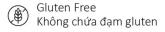


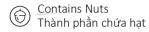
Wholewheat baguette with mushroom pate, char sui mushrooms & pickled vegetables Bánh mì từ bột nguyên cám với pa tê nấm, nấm rim xá xíu & rau củ ngâm chua

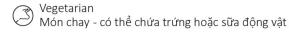




Plant-Based Món thuần chay







All prices are in Vietnamese Dong, subject to government tax & service charge Giá trên được tính bằng Việt Nam đồng, chưa bao gồm thuế giá trị gia tăng và phí dịch vụ

### Vitamin & Nutrient Juice Blends

Replenish, energize & protect your body with our carefully crafted juice blends rich in natural nutrients to support your overall wellness





#### ANTIOXIDANT BLENDS

Bursting with vitamins, minerals & antioxidants to combat free radicals, reduce inflammation, support healthy skin & cellular repair

BEETROOT, GINGER, GREEN APPLE, FRESH TURMERIC & CARROT

120,000

Helps improve circulation, reduce oxidative stress & boost natural detoxification

CUCUMBER, KALE, GREEN APPLE, CELERY, LIME, GINGER & SPIRULINA POWDER

120,000

Packed with chlorophyll & plant-based nutrients for alkalizing & energizing effects

#### **IMMUNITY BLENDS**

Fortified with immune-boosting ingredients to strengthen your defenses against common illnesses like colds & flu

ORANGE, CARROT, PASSION FRUIT, LEMON & GINGER

120,000

High in vitamin C & beta-carotene to enhance immunity & reduce inflammation

BLUEBERRY, APPLE, LEMON, HONEY & ACAI POWDER

120,000

Loaded with antioxidants & nutrients to support gut health & combat fatigue

#### ENERGY BLENDS

Designed to provide a natural energy boost & sustain you during workouts or busy days

BANANA, MANGO, PINEAPPLE & CHIA SEEDS

120,000

Rich in healthy carbs and omega-3s to fuel your body & keep you energized

AVOCADO, BLUEBERRY, COCONUT WATER, DATES & LEMON

Combines healthy fats & antioxidants for sustained energy & mental focus

120,000

#### HYDRATION BLENDS

Replenish electrolytes & maintain optimal hydration levels after workouts or exposure to heat

COCONUT WATER, CUCUMBER, LIME & CELERY

120,000

Naturally hydrating with essential minerals to restore balance & fight dehydration

COCONUT WATER, WATERMELON, POMELO & SEA SALT

120,000

A refreshing combination of electrolytes & natural sugars to rehydrate & energize

Spirulina is a nutrient-dense blue-green algae rich in protein, vitamins, minerals & antioxidants, known for boosting energy, supporting immune health & promoting overall well-being.

Açaí powder is a nutrient-rich superfood made from freeze-dried açaí berries, packed with antioxidants, healthy fats, fiber & essential nutrients, often used to support energy, skin health & overall wellness.

# Refreshing Gut Health Elixirs

Enhance your digestion & invigorate your palate with our curated selection of gut-loving refreshments

These offerings help soothe, balance & support your digestive system, providing a refreshing boost for overall well-being

#### APPLE CIDER VINEGAR LEMONADE

105,000

A tangy blend of apple cider vinegar, fresh lemon juice & honey to support healthy digestion

#### PEPPERMINT SODA

105,000

A refreshing mix of peppermint tea, pea flower, soda water & mint leaves perfect for calming your stomach

#### **GINGER ALE**

105,000

A zesty combination of fresh ginger, lemon, mint leaves, soda water & stevia great for soothing digestion

#### MATCHA SODA

105,000

A bubbly twist on matcha green tea, spirulina, lightly sweetened with stevia & paired with soda water for a gut-friendly treat



### Protein-Packed Smoothies

All our protein shakes are made with plant-based & gluten free protein powder made from green peas, chickpeas, lentils, sweet potato, seeds & green beans. 20 grams protein per smoothie

BANANA, PEANUT BUTTER, HIMALAYA SALT & ALMOND MILK

160,000

MANGO, CASHEW BUTTER, TURMERIC & ALMOND MILK

160,000

DARK CHOCOLATE, COCONUT & CHIA SEED

160,000

STRAWBERRY, BLUEBERRY, COCONUT & DATES

160,000





# Collagen Peptides Boosters



Support your health with our collagen-enhanced beverages, each crafted with 15 grams of **VITAL PROTEINS COLLAGEN PEPTIDES** to nourish your skin, hair & bones while promoting joint and gut health

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COLLAGEN	ALMOND	CALLI	ATTE
COLLAGEN	ALVIOLID	CAFFI	ALIE

180,000

Coffee, almond milk & collagen peptides, served hot or iced

#### COLLAGEN CHALLATTE

180,000

Coconut milk, dates, cinnamon, ginger, cardamom, nutmeg, cloves & collagen peptides

#### TURMERIC COLLAGEN JUICE

180,000

Orange, carrot, lemon, fresh turmeric, a pinch of pepper & collagen peptides

#### **COLLAGEN COLADA**

180,000

Coconut water, coconut milk, pineapple juice & collagen peptides

Boost any beverage!

120,000

Add 15 grams of collagen peptides to your coffee, juice, or smoothie for a healthful twist

Vital Proteins Collagen Peptides is a high-quality, easily dissolvable supplement made from grass-fed, pasture-raised bovine collagen.

# Mind Calming Drinks

Soothe your nerves, ease anxiety & promote a sense of calm with our anti-anxiety beverages
Perfect for any time of the day to relax your mind & especially ideal in the evening to support restful sleep



#### LAVENDER REISHI LATTE

120,000

A calming blend of lavender leaves, reishi mushroom powder, almond milk & honey to reduce stress & enhance emotional balance

#### REISHI CHOCOLATE MILK

120,000

A comforting mix of cacao powder, reishi mushroom powder, almond milk & honey to calm the mind, uplift your mood & promote tranquility

# Sing

#### BEETROOT MOON MILK

120,000

A soothing infusion of beetroot powder, ashwagandha root, almond milk & honey to ease anxiety & support inner peace

#### CHAMOMILE MOON MILK

120,000

A gentle combination of chamomile tea, ashwagandha root, almond milk & honey to relax the nerves & encourage restful sleep

Reishi mushrooms are scientifically recognized for their ability to reduce anxiety, improve mood & support mental clarity by regulating stress hormones & promoting relaxation.

Ashwagandha is scientifically proven to reduce stress & anxiety, enhance mood & improve cognitive function by balancing cortisol levels & supporting the body's ability to adapt to stress.

# TIA Mocktails - All the Flavor, None of the Alcohol

Feeling like a cocktail but without the spirits?

Our handcrafted mocktails offer the perfect balance of refreshing flavors and creative flair - ideal for any time of the day

DESIGNATED APPLETINI

110,000

Green apple, lime, sugar

ZERO PROOF MARGARITA

Lemon, lime, salt, sugar & coconut water

110,000

**CINDERELLA** 

Orange juice, pineapple juice, lime, grenadine & soda

110,000

**CITRUS FIZZ** 

Egg white, maple syrup, lime, orange & soda



110,000

Single Juices

ORANGE | PINEAPPLE | MANGO | WATERMELON PASSION FRUIT | COCONUT | LIME

100,000

Loose Leaves Teas By Ronnefeldt

ENGLISH BREAKFAST | DARJEELING | EARL GREY | FANCY SENCHA GREEN TEA JASMINE GOLD GREEN TEA | VANILLA ROOIBOS | MINT | FRUITY CAMOMILE

95,000

Classic Coffees

Almond, oat or dairy milk

AMERICANO | ESPRESSO | CAFÉ LATTE | CAPPUCCINO MACCHIATO | MOCHA | DECAF

90,000





# Vietnamese Signature Coffees

Experience the rich & authentic flavors of Vietnamese coffee

CÀ PHÊ ĐEN ĐÁ Smooth & robust black Vietnamese coffee. Strong coffee with ice cubes in short glass	95,000
CÀ PHÊ SỮA ĐÁ  Iced coffee with sweetened condensed milk.  Strong coffee with ice cubes & condensed milk in short glass	95,000
CÀ PHÊ PHIN  Traditional Vietnamese drip coffee brewed slowly in a phin filter.  Ice cubes & condensed milk served on the side for your own customized	95,000
CÀ PHÊ SAIGON Aromatic Vietnamese-style coffee. Medium strong with crushed ice in long glass, add condensed milk as optional	95,000
BẠC XĨU A lighter, sweeter coffee with fresh milk & condensed milk for a milder flavor	95,000
HIMALAYA SALTED ICED COFFEE A creamy & slightly salty coffee delight	100,000
COCONUT ICED COFFEE  Refreshing iced coffee blended with fresh coconut & condensed coconut milk	100,000
CÀ PHÊ BƠ A rich, creamy avocado coffee for a unique, indulgent twist	100,000

# Mineral Water

ALBA STILL 0.45L	85,000
EVIAN 0.75L	210,000

# Sparkling Water

ALBA SPARKLING 0.45L	85,000
SAN PELLEGRINO 0.25L	100,000
SAN PELLEGRINO 0.75L	210,000

### Soft Drinks

COKE | DIET COKE | SPRITE. | SODA | TONIC | GINGER ALE

90,000

### Beers

LOCAL LARUE BEER

90,000

TIGER

95,000

HEINEKEN

100,000

# Organic & Biodynamic Wines By Glass

150ml

### Champagne By Glass

CHAMPAGNE J.M. LABRUYERE, PROLOGUE, GRAND CRU BRUT RESERVE



460,000

Chardonnay - Pinot Noir, France

### White Wines By Glass

CHATEAU CARBONNEAU, MARGOT



Sauvignon Blanc, Sainte-Foy Cotes de Bordeaux, France

BODEGA ARGENTO, ESTATE BOTTLED



Chardonnay, Mendoza, Argentina

### Rosé Wines By Glass

CHATEAU LES VALENTINES, ROSE



280,000

Cinsault - Grenache - Syrah - Mourvedre, Côtes de Provence, France

### Red Wines By Glass

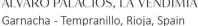
JEAN LUC COLOMBO, "LA VIOLETTE"



Syrah, IGP Pays d'OC, France



ALVARO PALACIOS, LA VENDIMIA 🍪





260,000

280,000





Biodynamic Wine

### TIA Cocktails

BLOODY MARY Vodka, fresh tomato juice, lime, celery, seasoning sauce	240,000
CLASSIC MOJITO Rum, lime, mint leaves, brown sugar, soda water	240,000
CAIPIRINHA Cachaca rum, lime wedges, brown sugar	240,000
LONG ISLAND ICE TEA Tequila, rum, gin, vodka, cointreau, lime, coke	240,000
CLASSIC MARGARITA Tequila, cointreau & lime juice	240,000
DAIQUIRI Rum, Citrus Liqueur, fresh lime and sugar	240,000
PINA COLADA Rum, Malibu, coconut cream, pineapple juice	240,000









MAI TAI Light Rum, dark rum, cointreau, amaretto, orange, lime & pineapple	240,000
DRY MARTINI Gin, Vermouth, green olive	240,000
SINGAPORE SLING Gin, cherry brandy, DOM, cointreau, lime, pineapple, angostura bitter, grenadine	240,000
TEQUILA SUNRISE Tequila, orange juice, grenadine	240,000
NEGRONI Gin, sweet vermouth, campari, yellow orange	240,000
MANHATTAN Whiskey, sweet vermouth, angostura bitter	240,000
WHISKEY SOUR Jim Beam, lime & sugar syrup	240,000
APEROL SPRITZ Prosecco, aperol, soda	300,000

For spirits, whiskeys & more, please ask our team for the detailed menu.





