## TIA COOKING CLASSES



## SIGNATURE WELLNESS BREAKFAST

(Plant-Based)

Select 3 dishes from the selection of our favorite healthy breakfast choices and learn to prepare them at home. Choice of

Tropical Smoothie Bowl, Spirulina Gomishio, Cocoa Pups, Lemon & Poppy Bliss Balls, Coconut & Nut Granola, Cashew Cheese, Vegan Pate.

(approx. 80 min)

950,000++/ person

## VIETNAMESE FAVORITES

(Regular or Plant-Based)

Vietnamese for beginners, learn to make fresh & crispy spring rolls as well as the all-time favorite Banh Xeo or Vietnamese Pancakes. All available as plant-based or regular cooking class.

(approx. 80 min)

950,000++/ person

